

Advocacy Resource List

For Teens:

www.fvkasa.org

This site is from Kids as self-advocates (KASA), a national, grassroots network of youth with disabilities and needs speaking out about living with disabilities, health care, transition issues, school, work, and more.

www.mcil-mn.org

This site is from the Metropolitan Center for Independent Living in Minnesota, which helps people with disabilities live independently, pursue meaningful goals, and enjoy the same opportunities and choices as all persons. Programs are often available for transition age self-advocacy training and peer mentors.

For Families:

Developing Positive Assertiveness: Practical Techniques for Personal Success by Sam R. Lloyd, (2001). Crisp Publications, Los Altos, CA. This book is for anyone who wants to take charge of their life. It includes a helpful collection of practice situations. Available at: www.amazon.com

Self-Determination Synthesis Project:

www.uncc.edu/home.asp

This project includes information about self-determination resources, such as research references, curricula, Web links, and other materials. From the University of North Carolina, Charlotte. It includes links to many lesson plans.

Promoting Self-Determination in Students with Developmental Disabilities by M.L.Wehmeyer,Ph.D., (2007). Guilford Press, New York, NY.

This book offers practical methods for teaching self-determination, including choice making, problem solving, decision making, goal setting, self-advocacy, and self-regulated learning. It also provides best-practice recommendations. Special features include reproducible worksheets and forms. Available at: www.amazon.com

Self-Determination for Middle and High School Students

National Center on Secondary Education and Transition (NCSET). This NCSET handout is a helpful resource for those addressing self-advocacy and self-determination issues. NCSET coordinates national resources, offers technical assistance, and disseminates information related to secondary education and transition for youth with disabilities. Available at: <http://ncset.org/topics/sdmhs/default.asp?topic=30>.